



## Creative Group Therapy for Women Survivors of Child Sexual Abuse: Speaking the Unspeakable

By Bonnie Meekums, Anne Bannister

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Creative Group Therapy for Women Survivors of Child Sexual Abuse: Speaking the Unspeakable, Bonnie Meekums, Anne Bannister, 'This is a very well written and readable book balancing academic research and practitioner orientation. This balance is seen in the division of this book into two equal parts: "Theoretical Concerns" and "The Practice". Indeed, Meekums says she had workers in mental health settings in mind when she wrote the book. This book is a good read, but is also much more an informative guide to practitioners interested in understanding more about the therapeutic issues related to sexually abused clients and also a useful resource for those who are looking to set up a group for survivors.' - Mental Health & Learning Disabilities Care 'This book is a well-structured, sensitive and practical exploration of a multi-method approach to the language of healing. The book offers a springboard for creative thinking. It affirms the transformative power of witnessing and the ability of each survivor to "reclaim her own land". It contains ideas and insights about the survivor's journey from striving to thriving, which will be useful to a range of practitioners whether or not they use...



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